


Name _____	
Street _____	
City/State/Zip _____	
Parent or Guardian _____	
Home Phone (____) _____	
Work Phone (____) _____	
Age (after June 30) _____ Grade in Fall _____	
Height _____ Weight _____	
T-shirt size (circle one): Adult (S M L XL) Youth (L)	
To ensure acceptance into camp, please mail application by May 24, 2008 to: Piedmont College Camp, Attn.: Liz Butikofer, P.O. Box 10, Demorest, Georgia 30535.	
Applying for acceptance to the Piedmont College Volleyball Camp, I, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waiver and release any and all rights and claims for damages I may have against representatives and for any and all damages which may be sustained by me in association with this camp. Also, I hereby authorize the director of the Piedmont College Volleyball Camp to act for me according to his/her best judgement in any emergency requiring medical attention. My son or daughter has had a recent physical examination and is physically able to participate in athletic activities including volleyball.	
Signature of Applicant _____	Date _____
Signature of Parent/Guardian _____	Date _____

PIEDMONT COLLEGE
 Post Office Box 10
 Demorest, GA 30535

PIEDMONT COLLEGE



volleyball
camp 2008

DAY CAMP FOR GIRLS

JUNE 2 - 5
2:00 p.m.- 5:00p.m.
12-18 year olds

This year's camp promises to be an exciting and educational experience for all campers attending. Coach Katie O'Brien is here in Georgia to promote the growth of volleyball within the state.

program includes

During the week of camp, players will learn many of the basic skills related to volleyball. Camp is held from 2 p.m. - 5 p.m. for 12-18 year olds. There will be free camp T-shirt and awards for certain individuals. Listed below are the areas that will be covered during the week. Additional private lessons are available in a.m. or after 5 p.m. for \$25.

general

10:1 Athletes to Coach ratio
 Team Concept - Team Attitude
 Stretching Techniques
 Daily lecture with Coach O'Brien and other members of the Lions volleyball program

offensive concepts

Hitting Setting Serving

defensive concepts

Passing Serving Receiving Blocking

other features

The Johnny Mize Athletic Center includes a multi-use gym capable of seating 1,200 spectators, with two volleyball courts. In addition to the gym, the new athletic center houses a fitness center, elevated running track, locker rooms, offices, a training and therapy area, and classrooms.

daily schedule

Campers arrive	1:30 - 2:00 p.m.
Roll call and daily instructions	2:00 - 2:10 p.m.
Warm-up and stretch	2:10 - 2:30 p.m.
Break down skills	2:30 - 4:30 p.m.
Play	4:30 - 5:00 p.m.

camp cost

One person \$75 by May 24
 Registration..... \$80 May 25-June 2

REMEMBER TO BRING

Indoor and outdoor footwear
 Kneepads
 Change of T-shirts and socks
 (on day of beach volleyball)



For more information about the Piedmont College Lions Volleyball Camps, contact:

Liz Butikofer at
 (706) 778-3000, ext 1385
 or e-mail kobrien@piedmont.edu



COACH KATIE O'BRIEN

Katie O'Brien just completed her eighth season at Piedmont College. O'Brien, who also serves as PC's Senior Women's Administrator, owns a 182-109 career record. O'Brien has worked several summer camps: University of Alabama, Florida, Georgia & Iowa, East Tennes

see State & Emory University, Agnes Scott College, and numerous high schools.

O'Brien has mentored 36 Academic All-Conference honorees, 22 All-Conference selections, a pair of GSAC Freshmen of the Year, one league Player of the Year, and two Tournament MVP. O'Brien led her Lions to two Great South Athletic Conference (GSAC) Tournament Championship and four regular season conference runner up finishes.

Prior to her coaching career, she was a standout player at the University of Iowa. She is currently ranked 14th on the Iowa career blocks list and is 13th in career attack percentage. Additionally, O'Brien posted back-to-back top-10 finishes in the Big-10 Conference in blocks per game (97 & 98).

O'Brien earned a bachelor of science degree in sport, health, leisure, and physical studies at The University of Iowa, with an emphasis on sports management and a minor in English. O'Brien completed her master's degree in Public Administration from Piedmont College.

Kyle Zak, Assistant Coach

Entering his second year as the assistant coach for Katie O'Brien will be Piedmont College alumnus Kyle Zak. Zak played club volleyball at Ohio State University and he continues to play at the USA volleyball level on a men's team in Atlanta. Zak has been coaching at the juniors' level the past three years in Atlanta, most recently serving as a coach with Tsunami - 15 black. Zak's team completed a successful season with two second-place finishes and participated in the National Qualifier in Dallas, TX with Atlanta Juniors.

Members of the Lady Lions volleyball teams will be instructors during the camps, as well as the new head coach at Piedmont.